

Therapeutics Today

A publication by the National Medicines Information Centre (NMIC)

September 2025



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September 2025 | Issue 8

Welcome to the September edition of Therapeutics Today.

This issue will highlight information, including guidance and advice, recently published by various organisations.

Readers are also reminded of previously published NMIC bulletins, which are available on our website www.nmic.ie.

We hope you enjoy our new look and we welcome any feedback or comments which can be emailed directly to nmic@stjames.ie.

Guidance and Advice



The Department of Health: National Clinical Guidelines

The National Clinical Effectiveness Committee (NCEC) has recently updated the National Clinical Guideline No. 26 on Sepsis Management for Adults (including maternity). This update (Version 2) and the research behind it, was undertaken to ensure sepsis treatment in Ireland is in line with best practice internationally.

[National Clinical Guideline No.26 \(V.2\) on Sepsis Management for Adults \(including maternity\)](#) - last updated 1st September 2025

[Learn more](#)



UK Specialist Pharmacy Service (SPS)

The SPS are a team of pharmacy professionals and support staff commissioned by NHS England to provide advice and guidance on Medicines Optimisation. Recent publications that may be of interest include:

[Switching brand and generic anti-seizure medicines for epilepsy](#) - published 11th September 2025

[Minimising risks associated with administration of injectable iron](#) - published 14th August 2025

[Managing the risk of confusion between injectable iron products](#) - published 14th August 2025

[Understanding food supplements](#) - published 26th August 2025

[Using food supplements](#) - published 26th August 2025

[Learn more](#)



National Institute for Health and Care Excellence (NICE)

Evidence-based recommendations for the NHS and wider health and social care sector, developed by independent committees, including professionals and lay members, and consulted on by stakeholders. The following recently published or updated guidance may be of interest:

[Bipolar disorder: assessment and management](#) Clinical Guideline [CG185] - last updated 2nd September 2025

[Chronic heart failure in adults: diagnosis and management](#) NICE Guideline [NG106] - last updated 3rd September 2025

[Learn more](#)



European Society of Cardiology (ESC)

The ESC disseminates evidence-based scientific knowledge to cardiovascular professionals and aims to advance the prevention, diagnosis and management of diseases of the heart and blood vessels. They have recently published the following guidelines and statements:

[Guidelines for the management of myocarditis and pericarditis](#). Endorsed by the Association for European Paediatric and Congenital Cardiology (AEPC) and the European Association for Cardio-Thoracic Surgery (EACTS) - published 29th Aug 2025

[Guidelines for the management of cardiovascular disease and pregnancy](#). Endorsed by the European Society of Gynecology (ESG) - published 29th Aug 2025

[2025 European Society of Cardiology Clinical Consensus Statement on mental health and cardiovascular disease](#). Endorsed by the European Federation of Psychologists' Associations AISBL (EFPA), the European Psychiatric Association (EPA), and the International Society of Behavioral Medicine (ISBM) - published 29th August 2025

[Antithrombotic therapy after coronary artery bypass graft surgery](#): a Clinical Consensus Statement of the ESC Working Group on Cardiovascular Surgery, the ESC Working Group on Cardiovascular Pharmacotherapy, and the European Association for Cardio-Thoracic Surgery (EACTS) - published 30th August 2025

[Learn more](#)



British Menopause Society (BMS)

The British Menopause Society (BMS) is the specialist authority for menopause and post reproductive health in the UK. Established in 1989, the BMS educates, informs and guides healthcare professionals, working in both primary and secondary care, on menopause and all aspects of post reproductive health. The BMS recently launched the following new tool:

New BMS Tool for Clinicians: [Managing sleep disturbance during the menopause transition](#) - published 22nd August 2025

[Learn more](#)

Medication Safety



Medication Safety Minute

Readers are reminded of the "Medication Safety Minute", a collaborative project undertaken by two hospital consultants and the Medication Safety Facilitator (a pharmacist) in St James's Hospital.

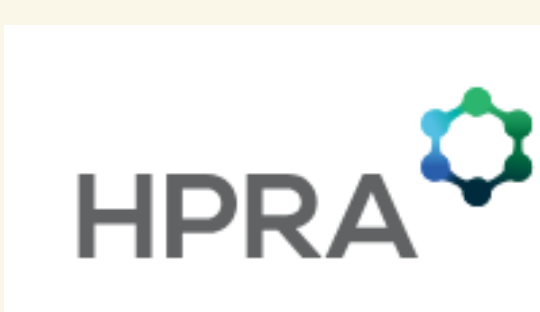
These bite-sized messages, which may also include short videos, are published every week and are available via X [@medsafetymin](#).

Recent Medication Safety Minutes are linked directly below and include:

[VTE Thromboprophylaxis](#)

[Medication Calculation Challenge](#)

[Learn more](#)



Health Products Regulatory Authority (HPRA)

The Health Products Regulatory Authority (HPRA) [website](#) contains the latest regulatory updates on medicines and information on [medicine shortages](#), as well as access to all currently approved product information (e.g. [Summary of Product Characteristics](#) [SmPCs]).

Drug Safety Newsletter

[Drug Safety Newsletter: 120th Edition](#) - published August 2025

The includes important updates to support the safe and appropriate use of the following medicines:

- ♦ Oral retinoids (acitretin and isotretinoin): Psychiatric disorders and pregnancy prevention programme reminder
- ♦ Product information updates for angiotensin II receptor antagonists, metformin, anakinra and vedolizumab
- ♦ Direct Healthcare Professional Communications/ Safety Notices published on the HPRA website since the last Drug Safety Newsletter

[Learn more](#)

Signposting



Recently published articles that may be of interest can be found below:

2025 AHA/ACC [Guidelines for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults](#): A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. 2025 Aug 14.

Voelker R. JAMA patient clinical: [What Is Iron Deficiency?](#) JAMA. Published online, 2025 Aug 21.

Brunner E, et al. [Joint Clinical Practice Guideline on Benzodiazepine Tapering: Considerations When Risks Outweigh Benefits](#). J Gen Intern Med. 2025 June 17. doi: 10.1007/s11606-025-09499-2. Epub ahead of print. PMID: 40526204.

Opel N, et al. [Clinical management of major depressive disorder with comorbid obesity](#). The Lancet Psychiatry. 2025 Aug 28.

Alderson SL, et al. [Management of irritable bowel syndrome in primary care](#). British Journal of General Practice. 2025 Sep 1;75(758):429-31.

Weidmann AE, et al. [Medication Causes and Treatment of Delirium in Patients With and Without Dementia](#). Brain and Behavior. 2025 Jul;15(7):e70706.

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